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XII- C

“WHAT I ASPIRE TO BECOME”

“Psychology is probably the most important factor in the market and the one that is least understood.”- DAVID DREMAN

Today the world is changing and new opportunities are always becoming open. But the field of psychology has fascinated me always. I have dreamt of becoming a psychologist and help people cope up with their stress. Psychology is the study of behaviour and mind. It also includes the study of conscious and unconscious phenomena as well as feelings and thoughts. Psychologists explore behaviour and mental processes including perception, cognition, attention, emotion, intelligence, experiences, motivation and brain functioning. Psychology has become a very important and popular subject today. It deals with many problems of everyday life. Psychology helps us to understand the behaviour of people around us, to find out why they behave differently and what forces are responsible to make them so different from others. As said by P.Valry, “The purpose of psychology is to give us a completely different idea of the things we know best”.

Essentially psychologist help people in larger part because it can explain why people act the way they do. With this mind of professional insight, a psychologist can help people improve their decision making, stress management and behaviour based on their past behaviour to predict better future behaviour. All of these can help people to have a more successful career, better relationships and more self-confidence and overall better communication.

I would also like to learn the sign language and merge these two dreams into one for my future career. I want to be a psychologist that is open to deaf and hearing people alike. Many deaf people feel uncomfortable visiting a psychologist because of the need for a third person who is mostly a stranger. I plan to make a step ahead breaking that barrier by being able to signor speak with any patient who comes to me.

With all these goals, I have to make sure that I stay on track and do my best. All of these reasons put together make my ideal future and therefore my motivation to study.